



Cardiff Family Advice and Support will continue to support families across Cardiff.

We will provide a range of information, advice and assistance for children, young people and their families across the City.

This will be provided via telephone, email, social media pages as well as information being available through our website.

Family Gateway:

03000 133 133

8:30am – 5.00pm (Monday-Thursday)

8.30am – 4.30pm (Friday)

contactFAS@cardiff.gov.uk

www.cardiffamilies.co.uk

Family Help:

Continue to contact families who have been referred to their service this will be via telephone, email and video call.

Support 4 Families:

Continue to contact families who have been referred to their service this will be via telephone and email.

Guidance Information on the Novel Coronavirus (COVID-19) is available from Public Health Wales <https://phw.nhs.wales/topics/latest-information-on-novel-coronavirus-covid-19/>



03000 133 133



@cardiffCFAS



www.cardiffamilies.co.uk



CFASCACID



Bydd Cyngor a Chymorth i Deuluoedd Caerdydd yn parhau i gefnogi teuluoedd ledled Caerdydd.

Byddwn yn darparu ystod o wybodaeth, cyngor a chymorth i blant, pobl ifanc a'u teuluoedd ledled y Ddinas.

Darperir hyn dros y ffôn, e-bost, tudalennau cyfryngau cymdeithasol ynghyd â gwybodaeth ar gael trwy ein gwefan.

Family Gateway:

03000 133 133

8:30am – 5.00pm (Llun-lau)

8.30am – 4.30pm (Gwener)

contactFAS@cardiff.gov.uk

www.cardiffamilies.co.uk/cy

Help Teulu :

Parhewch i gysylltu â theuluoedd sydd wedi cael eu cyfeirio at eu gwasanaeth, bydd hyn dros y ffôn, e-bost a galwad fideo.

Cymorth i teuluoedd :

Parhewch i gysylltu â theuluoedd sydd wedi cael eu cyfeirio at eu gwasanaeth, bydd hyn dros y ffôn ac e-bost.

Mae Gwybodaeth Ganllaw ar y Coronafirws Nofel (COVID-19) ar gael gan Iechyd Cyhoeddus Cymru <https://icc.gig.cymru/pynciau/gwybodaeth-ddiweddaraf-am-coronavirus-newydd-covid-19/>



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