

Cyngor a Chymorth i Deuluoedd Caerdydd

Cardiff Family Advice and Support



*Providing Parents, Children,
Young People and Families with...*

*The right information
The right advice
The right assistance*

...at the right time



Tel: 03000 133 133

Email: ContactFAS@cardiff.gov.uk

www.cardiffamilies.co.uk

Cardiff Family Advice and Support

Cardiff Family Advice and Support offers a range of information, advice and assistance for children, young people and their families in Cardiff. The team can provide information and advice on:

- Family Life
- Child behaviour
- Child care
- Parental support
- School attendance
- Employment, money and housing
- Information and signposting to other services

Cardiff Family Gateway

The Family Gateway is a contact point for any professional, parent, child or young person to get the information, advice and assistance you need in Cardiff.

The Family Gateway Contact Officers are available to listen to your situation, identify what support is best for you and can help you access it.

The Family Gateway team can help you find support services including money advice, housing, welfare benefits, child behaviour, childcare, school attendance, health and well-being, parental support and much more.

The Family Gateway team work alongside Family Help and Support 4 Families when and where families need additional support.

Cardiff Family Help Team

Cardiff Family Help Team are an early intervention service offering high quality information, advice and assistance to children and young people aged 0-18 (or up to the age of 25 in the case of a vulnerable young person) and their families living in Cardiff.

Working alongside a wide range of local community and partnership agencies, the team are able to tailor support to the many needs families face in their day to day lives, providing short term help (typically 6-12 weeks).

The team aim to meet families in a place comfortable for them, this could be the family home, the local Hub or school if this is preferable.

Support 4 Families

Family Support Service can work with families facing more complicated issues.

Family support workers can work together with parents, children and young people to find the right solutions for them and their family. Family Support Workers can support in a number of ways including:

- Direct delivery of a range of evidence based family programmes
- Providing practical help and support
- Act as a key worker for a family
- Advise on a wide range of community based services

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Cardiff Family Advice and Support



@CardiffCFAS



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*Yn rhoi i Rieni, Plant,
Pobl Ifanc a Theuluoedd...*

*Y wybodaeth gywir
Y cyngor cywir
Y cymorth cywir*

...ar yr adeg gywir



Ffôn: 03000 133 133

E-bost: CyswlltFAS@caerdydd.gov.uk

www.teuluoeddcaerdydd.co.uk

Gyngor a Chymorth i Deuluoedd Caerdydd

Mae Cyngor a Chymorth i Deuluoedd Caerdydd yn cynnig ystod o wybodaeth, cyngor a chymorth i blant, pobl ifanc a'u teuluoedd yng Nghaerdydd. Gall y tîm roi gwybodaeth a chyngor ynglŷn â'r y canlynol:

- Bywyd teuluol
- Ymddygiad plant
- Ofal Plant
- Cymorth rhianta
- Presenoldeb Ysgol
- Cyflogaeth, arian a thai
- Gwybodaeth a chyfeirio at wasanaethau eraill

Porth i Deuluoedd Caerdydd

Mae'r Porth i Deuluoedd yn fan cyswllt i unrhyw weithiwr proffesiynol, rhiant, plentyn neu berson ifanc i gael y wybodaeth, cyngor a chymorth sydd ei angen yng Nghaerdydd.

Mae Swyddogion Cyswllt y Porth i Deuluoedd ar gael i wrando ar eich sefyllfa, adnabod pa gefnogaeth sydd orau i chi a helpu chi i gael mynediad ati.

Gall y tîm Porth i Deuluoedd helpu chi i ddod o hyd i wasanaethau cefnogaeth gan gynnwys cyngor ariannol, tai, budd-daliadau lles, ymddygiad plant, gofal plant, presenoldeb yn yr ysgol, iechyd a lles, cymorth rhieni a llawer mwy.

Mae'r Porth i Deuluoedd yn gweithio ochr yn ochr ac yn cyfeirio'n uniongyrchol at Helpu Teuluoedd a Chymorth i Deuluoedd pan a lle bo ar deuluoedd angen cefnogaeth bellach.

Tîm Helpu Teuluoedd Caerdydd

Mae Tîm Helpu Teuluoedd Caerdydd yn wasanaeth ymyrraeth gynnar sy'n cynnig gwybodaeth, cyngor a chymorth o safon i blant a phobl ifanc rhwng 0-18 oed (neu hyd at 25 oed yn achos person ifanc agored i niwed) a'u teuluoedd sy'n byw yng Nghaerdydd.

Yn gweithio ochr yn ochr ag ystod eang o asiantau cymunedol a phartneriaeth lleol, mae'r tîm yn gallu teilwra cefnogaeth i'r anghenion niferus sydd gan deuluoedd bob dydd, gan gynnig help byrdymor (fel arfer 6-12 wythnos).

Nod y tîm yn cwrdd â theuluoedd mewn lle y mae'n nhw'n gyfforddus yno, efallai yn y cartref, yr Hyb Lleol neu ysgol os yw hyn yn well.

Cefnogi Teuluoedd

Gall y Gwasanaeth Cefnogaeth i Deuluoedd weithio gyda theuluoedd sy'n wynebu materion mwy cymhleth.

Gall gweithwyr cefnogaeth i deuluoedd weithio gyda rhieni, plant a phobl ifanc i gael yr atebion cywir ar eu cyfer a'u teuluoedd. Gall Gweithwyr Cymorth i Deuluoedd gynorthwyo mewn nifer o ffyrdd, gan gynnwys:

- Darpariaeth uniongyrchol o wahanol raglenni wedi eu seilio ar dystiolaeth i deuluoedd
- Rhoi cymorth a chefnogaeth ymarferol
- Bod yn weithiwr allweddol ar gyfer teulu
- Cynghori ar ystod o wasanaethau yn y gymuned